FREE PLANNER · LANZAROTE.WEBSITE

Lanzarote in 7 days from Puerto del Carmen

One week, one hotel, and the best of the island: Timanfaya's volcanoes, César Manrique's north, the Sunday market in Teguise, the La Geria vineyards, a day on the water and still time for the beach.

The week at a glance

Day	Plan	Getting there	Booked?
1	**Arrive and settle in.** Swim, then walk the Avenida de las Playas west to the old harbour for dinner.	Taxi (10–15 min) or bus 161	☐
2	**Timanfaya and the west coast.** Arrive early for the Ruta de los Volcanes coach, then the green lagoon at El Golfo and the lava caves of Los Hervideros.	Car or tour	☐
3	**Beach and the coastal walk.** Playa Grande or snorkelling at Playa Chica, then the path to Puerto Calero marina (about 3 km).	On foot; water bus or bus 161 back	☐
4	**César Manrique's north.** Jameos del Agua, the guided tour of Cueva de los Verdes, the Mirador del Río, and the Jardín de Cactus on the way back.	Car or tour	☐
5	**On the water, then the vineyards.** A morning boat trip (seas are usually calmer early), then a tasting in La Geria in the afternoon.	Boat from the harbour; car, taxi or tour	☐
6	**Another island.** Fuerteventura's dunes at Corralejo (25–35 min ferry from Playa Blanca) or car-free La Graciosa (about 25 min from Órzola).	Car or bus to the ferry, or a tour	☐
7	**Sunday: Teguise market.** Go early, browse the stalls in the old capital, then a last afternoon on the beach.	Bus 12 (Sundays) or car	☐

Teguise market is on Sundays only, so move day 7 to fit. Full guide with links: **lanzarote.website/lanzarote-7-day-itinerary-puerto-del-carmen**

Make the week work

If it's windy

- Swap boat trips and the other-island day for calmer days.
- Do Manrique's indoor sights instead: Jameos del Agua, Cueva de los Verdes, the Fundación in Tahíche.
- Check which beaches are sheltered today: **lanzarote.website/lanzarote-wind-today**

Save time and money

- Hire a car for days 2, 4 and 6 only.
- Arrive at Timanfaya early: queues build from late morning.
- Children aged 0–6 get into the CACT sights free.
- Book tours a few days ahead in school holidays.

Packing checklist

- [ ] Passport (UK travellers: check the EU validity rules on gov.uk)
- [ ] Travel insurance details and GHIC/EHIC card
- [ ] Driving licence, if you'll hire a car
- [ ] Some euros in cash for taxis, market stalls and sunbeds
- [ ] High-factor sunscreen, sunglasses and a hat (strong sun all year)
- [ ] A light windproof jacket for evenings, Timanfaya and the north
- [ ] Water shoes for lava-rock beaches and rock pools
- [ ] Snorkel mask for Playa Chica
- [ ] Plug adaptor: Spain uses type C/F sockets, 230 V
- [ ] Comfortable shoes for the Puerto Calero walk
- [ ] Seasickness tablets for boat and ferry days
- [ ] Refillable water bottle

Useful to know

- **Emergencies:** call 112.
- **Airport to Puerto del Carmen:** 10–15 min by taxi (roughly €15–25), or bus 161 in about 20 min.
- **Teguise market:** Sundays only; bus 12 runs from Puerto del Carmen on Sunday mornings.
- **Sea temperature:** about 18–19 °C in January–March, warmest in late summer.
- **Wind:** the trade wind usually blows from the north-east, so the south-facing beaches of Puerto del Carmen and Playa Blanca are often the most sheltered.
- **Currency:** euro; cards are widely accepted.

Before you go

To do	Guide	Done
Choose where to stay in Puerto del Carmen	**Where to stay**	☐
Decide whether you need a car	**Do you need a car?**	☐
Book the airport transfer or check the bus times	**Airport to Puerto del Carmen**	☐
Pick your day trips and boat trip	**Best day trips**	☐
Check what's on during your dates	**Best time to visit**	☐

My notes

Restaurants to try, tickets booked, things to remember…